

## Various Ghost Treatments listed in the Small Intestine Chapter of the Supplement to the Supplement to the Thousand Gold Formula.

### **Tx for sudden possession by ghost/demon, loss of consciousness, loss of ability to speak:**

Center of Man (GV-26) under the nose and the nail of the thumbs and big toes: set up the moxa cone so that it is half on the nail and half on the flesh. If 7 cones do not stop [the symptom], moxa 14 cones. Each cone is the size of the feces of the sparrow.

If there is madness<sup>1</sup>, or speaking gibberish (*literally, “speaking ghost’s words”*), needle just inferior to the person’s big toe nail. It will stop shortly after needling (*or “it will stop after needling shallowly”*).

### **Tx for adult insanity<sup>2</sup> and child fright and convulsion/epilepsy<sup>3</sup>:**

Moxa the 2nd thoracic vertebra (*or the 2nd IVS*) and the tip of the coccyx. Use a thread to line up the two locations. Fold the thread in half [and mark the location] on the spine. After [determining] the three locations, again folding the same thread into an equilateral triangle, where the three sides have equal length. Moxa the superior vertex [of the triangle] on the center [spine]. Moxa the two vertices [of the triangle] on the two sides. These are the five locations. According to Dan’s commentary, moxa 100 cones on each of the five locations. Also using bamboo sticks for measurement is better than using a thread.

Cursing and verbal abuses like a violent wind, speaking names and piercing personal attacks, are “heat-yang-wind.” Moxa the lips on its two lateral ends, 1 cone on Yan-Kou on the border of the red and white flesh.

Additionally, moxa 30 cones on the perineal raphe. Ask the person to stand erect, mark the location at its (scrotum’s) inferior portion. Then ask the person to lie down, pull out the scrotum to moxa. When doing the moxa, do not go near anterior and center portion of the testicles, as it may injure the Yang Qi.

### **Tx for sudden madness words and speaking gibberish (“ghost’s words” or inhumane tone)**

Tie up the person’s thumbs with Zeng-Dai<sup>4</sup>. Where the person’s elbows point to on his hypochondria/torso are to be moxa’ed with 7 cones. A moment later when the gibberish stops, when

---

<sup>1</sup> Kuang 狂, here translated as madness. According to the Commentary to the Yellow Emperor’s Suwen, “excessive joy is Dian (insanity), excessive anger is Kuang (madness). Joy is the emotion of the Heart, thus Heart heat will present as joy and Dian (insanity). Anger is the emotion of the Liver. Fire controls Metal, [thus Metal] cannot harmonize the Wood. So when there is an excess in Liver, it may present as anger and Kuang (madness).

<sup>2</sup> Dian 癲, here translated as insanity. See footnote 1.

<sup>3</sup> Jian 癇, here translated as epilepsy. There are three causes of Jian (epilepsy), from wind heat, from fright and possession, and from the combination of deficiency and phlegm. Classic stated, “Children has five types of Jian (epilepsy), as there are five Zang organs and five animals that correspond to them. Heart Jian (epilepsy) sounds like the sound of a goat/sheep; Liver Jian (epilepsy) sounds like the sound of a dog; Spleen Jian (epilepsy) sounds like the sound of a cow; Lung Jian (epilepsy) sounds like the sound of a chicken; Kidney Jian (epilepsy) sounds like the sound of a pig. When it occurs, the person collapses suddenly, the eyes and mouth pull toward one another, limbs convulse, foams form in the mouth, and the person comes back to consciousness after a while”

<sup>4</sup> Zeng Dai 甕帶, literally “pot steamed belt”, a herb no longer available. Compendium of Materia Medica states, “[people] in the Jiangnan (South of the Yangtze River) region collect bulrush to make Zeng Dai. Use the old and rotten ones. It is to utilize its nature of being steamed (as its processing), so that it scatters Qi.”

the person recalls his name and begs to be released, converse with him and ask him questions slowly and steadily, and release his thumbs.

Madness and insanity, do not recognize people, insanity with nausea/confusion, moxa 9 cones on the One Hundred Meeting (GV-20).

Running around in madness with cramping, Moxa 3 ACI superior to Yu Zhen (BL-9). An alternative: moxa 100 cones 1 ACI posterior to the apex of the head.

Evil madness (or under mad evil influence), speaking gibberish, moxa 9 cones on the Heavenly Window (SI-16).

Also, moxa 15 cones on the lips.

Madness, insanity and weeping, moxa thirty cones on Shou-Ni-Zhu (Arm Counterflow Irrigation), which is 6 ACI proximal to the flexure of the wrist (in line with PC meridian).

Running around in madness, fright, and convulsion, moxa fifty cones on He-Kou (River Mouth), which is near the artery in the hollow on the posterior wrist flexure (**LI-5?**), which is the same as Yang Ming (**LI meridian?**).

Madness, insanity, wind-insanity (**insanity that occurs in a random onset**), tongue thrust, moxa 100 cones on Wei Guan (Stomach Duct, ST-36), no needling.

Also, moxa 100 cones on Da Yu (**Great Darkness, not sure where it is**)

Also, moxa 30 cones on the Intermediary (PC-5), (Thousand Gold indicates<sup>5</sup>, treat running around in madness, insanity and epilepsy.)

Mad words, loss of consciousness, moxa 100 cones on the Heavenly Pivot (ST-25)

Also, moxa 30 cones on the Intermediary (PC-5), (Thousand Gold indicates, treat mad speech and preposterous words.)

Running around in madness, excessive joy, anger, grief, and weeping, moxa Ju Jue (the Great Awareness) with the number of cones corresponds to their age. [The point is located] on the medial surface of the upper back, where the hand cannot reach. It is 6 fen superior to Gu Mang (Dim Bone), where it is tender. (One commentary states: Great Deficiency Correspondence, EX-B11).

Madness, possession, fright, and epilepsy, moxa 30 cone son Cheng Ming (Accepting Destiny, most likely SP-6), which is near the artery 3 ACI proximal to the medial malleolus.

Also, moxa 50 cones on the Great Tai Yang (**Bladder Channel?**), (Thousand Gold indicates, treat madness, insanity, wind-fright, counterflow cold, and heart agitation.)

Also, moxa 50 cones on the Great Tai Yang (**Bladder Channel?**), (Thousand Gold indicates, treat madness and speaking gibberish.)

---

<sup>5</sup> Allen: in this commentary and the ones below that cite Essential Formulas for Emergencies [Worth] a Thousand Pieces of Gold, I cannot find any of the referenced text in the cited source

Also, moxa 50 cones on the Foot Shao Yang (**GB channel?**), (Thousand Gold indicates, treat insanity, epilepsy, and fickle madness.)

Also, moxa 50 cones on the Foot Yang Ming (**Stomach channel?**), (Thousand Gold indicates, treat running around in madness, fright, and loss of consciousness)

Running around in madness, insanity at loss like a dead person, moxa 9 cones on Great Esteem (LR-1). (Thousand Gold states, moxa San-Mao on the big toe (**where the big toe has hair on its dorsal surface of the middle phalanx**))

Running around in madness, cursing and verbal abuse, moxa the 8 influential points, the number of the cones corresponds to the person's age.

Madness, insanity, wondering in fright, loss of consciousness in random onset, sometimes happy, sometime cursing, sometimes laughing, sometimes singing, sometimes crying, speaking gibberish, thrusting tongue – all of this, moxa Upper Star (GV-23), Brain Door (GV-17), Wind Pond, (GB-20), Arm Tai Yang, Arm Yang Ming, Arm Tai Yin, Foot Tai Yang, Foot Yang Ming, Foot Shao Yang, Foot Tai Yin, Yang Qiao, Yin Qiao, and heel – all moxa with the number of cones corresponding to the person's age. (**Allen: this is clearly a brain illness, where all access points of brain on GV and GB channels are prescribed. Also it can be about the Wei Qi, as all Yang meridians except TE are indicated, the two Yin meridians indicated – SP and LU – have everything to do with making contact with the exterior world (food and air) as well as being the primary source of Qi**)

Fright, dread, heart trepidation, lack of strength, moxa 50 cones on Great Horizon (SP-15).

Evil ghost (possession) and preposterous speech, moxa 14 cones on Xuan Ming (Life in Suspension, EX-HN34), it is in the center of the interior lips (superior labial frenum). Its alternate name is Ghost Fortune. An appropriate treatment method would be to cut it decisively with a steel blade.

Evil madness and inhumane tongue, moxa 100 cones on Prostrate Hare (**ST-32**).

Also, moxa 50 cones on Ci Man (**Gate of Loving-Kindness, don't know where it is**), (Thousand Gold indicates, treat grief, weeping, evil words, busy ghost singing and laughing.)

Weeping, crying and speaking gibberish, moxa 50 cones on Heavenly Palace (LU-3).

Madness, the evil/pathogen acts on irregular onset, messy hair, speaking loudly, desire to kill people, not afraid of hazard/dangerous environment, moxa the Intermediary, male on the left and female on the right, the number of cones corresponds to the person's age.

Running around in madness, stabbing people, desiring to suicide, cursing nonstop, speaking gibberish, calling ghosts and divines, moxa one cone each on the lateral corners of the lips, on the border between the red and white flesh

Also, moxa 5 cones on the anterior flexure of the elbows (**PC-3/HT-3?**)

Also, moxa 3 cones (**Bao – burn the entire cones?**) between the scapula spines.

Fright and running around in madness (mostly in fear), moxa 7 cones 3 ACI proximal to the medial malleolus.

(Allen - here begins the naming of the Ghost points and possession treatment)

Possession, heavy limbs (or serious illness on four limbs) and relevant signs, Outside Marsh (LU-5) masters it, which is also called the Ghost Hall.

Possession, talking never-ending and relevant signs, Center of Man (GV-26) masters it, which is also called the Ghost Market. (Thousand Gold states, also named Ghost Living Room, whenever a person is possessed, [one] first pinches vigorously [the area] inferior to the nose.)

Possession, laying [on bed], benighted without self-awareness, Wind Palace (GV-16) masters it, which is also called the Ghost Cave.

Possession, speaking loudly, cursing and verbal abuse, maniac pacing, 1 fen inferior to the tip of each ten fingers masters it (EX-UE11), which is also called the Ghost Castle.

Possession, ghost insanity, the upper chest masters it (CV-17?), which is also called the Ghost Door. It also masters heavy limbs.

Possession, speaking loudly, cursing and running around, Three Miles masters it (LI 10/ST36), which is also called the Evil Ghost.

Palace of Weariness (PC-8) is also called the Ghost Road.

Yang Pond (TE-4) is also called the Ghost Minister.

The curve anterior to the hairline (ST-6) is also called the Ghost Bed.

Bent artery (LI-5) is also called the Ghost Receiving.

Foot Greater Yang is also called the Ghost Road.

A person who has been mad and insane for 20-30 years, first moxa Heavenly Window (SI-16), then in the sequence of Shoulder Well (GB-21), Wind Gate (BL-12), Liver Correspondence (BL-18), Kidney Correspondence (BL-23), Hand Heart Master (PC-7), Crooked Pond (PC-3), five toes of each foot, and Bubbling Spring. Moxa 500 cones each, 7 times a day.

**Acupuncture Treatment Strategy for Possession:**

For the 100 types of possessions, there are many different causes and different presentations. The sign of the possession for the illness are on the edge of insanity. Some are silent without a sound, some are talkative and slandering, some sing, some cry, some laugh, some recite poetry, some sleep and sit in the ditch, some eat feces and filth, some are nude, some wonder at night, some curse in anger improperly, some are with flying insects and spirits, some are with erratic arm movement and rapid eye movement. As of these types of insane/mad person, now [let's] treat it with acupuncture and herbs.

Bian Que stated, "those who are ill by the 100 types of possession, there are the 13 points." As of the needling structure, begin with the Ghost Palace (CV-26), then Ghost Trust (LU-11), Ghost Castle (SP-1), and Ghost Heart (PC-7/LU-9?). It does not require needling on all points. You should know after 5-6 points. If it is the essence of the external entity (*in literal translation: the "essence of the evil insect"*), then ask [the person/entity] and investigate where it comes from. [My] past experience show its validity, and [I] can immediately contact the spirit. It is not necessary to end its life. Simply offer it to leave [is

enough]. Begin needling on the left side for the male; begin needling on the right for the female. If after needling for a few points and the person still does not speak, then needle all [13] points. Follow this strategy for the treatment, needle and moxa each place.

- **First needling**, from Center of Man (GV-26), called Ghost Palace, needle from its left and pierce out to the right.
- **Second needling**, 3 fen inferior to the thumb nail (LU-11), called Ghost Trust, needle 3 fen into the flesh.
- **Third needling**, inferior to the big toe nail (SP-1), needling 2 fen into the flesh, called Ghost Castle; needling all 5 toes.
- **Fourth needling**, anterior flexure of the wrist (PC-7/LU-9?), needling to half [ACI] to resolve, called Ghost Heart.
- **Fifth needling**, on the white flesh inferior to the lateral malleolus (BL-62), fire needling 7 flashes and 3 times, called Ghost Road.
- **Sixth needling**, superior to the Great Hammer and 1 ACI into the hairline (GV-16)), fire needling 7 flashes and 3 times, called Ghost Pillow.
- **Seventh needling**, 5 fen inferior to the ear lobe (ST-6), fire needling 7 flashes and 3 times, called Ghost Bed.
- **Eighth needling**, inserting from the left of Receiving Fluid (CV-24) and piercing out to the right, called Ghost Market.
- **Ninth needling**, 3 ACI proximal to the flexure of the wrist, between the tendon, called Ghost Road, this is the Intermediary (PC-5).
- **Tenth needling**, straight up from the nose, 1 ACI into the hairline, fire needling 7 flashes and 3 times, called Ghost Hall.
- **Eleventh needling**, 3 cones of moxa on the perineal raphe (for male), 3 cones of moxa head of the Jade Gate (vagina) for female, called Ghost Hiding.
- **Twelfth needling**, [on] the crease that runs through Outside Marsh, between the two tendons that borders the white flesh, fire needling 7 flashes and 3 times, called Ghost Minister. This is the Crooked Pond (PC-3).
- **Thirteenth needling**, 1 ACI from the tip of the tongue, [needle] from the inferior seam of the tongue, and pierce and emerge out of the superior surface. Taked another needle and place it horizontally on the lips. Stabilize the needle handle so the person's tongue cannot move. It's called Ghost Seal.

From the [above], if they are on the limbs in corresponding (left/right) pairs, then needle both sides. If They are individual points, then only needle single points.

### **Tx for Wind Xie/Pathogen:**

Moxa Intermediary (PC-5) with the number of cones corresponding to the person's age.

Also, moxa 7 cones on Receiving Fluid (CV-24), and 3 Bao (**burning the whole cones?**)

Also, moxa 7 cones on Heart Correspondence (BL-15)

Also, Moxa 7 cones on Three Miles (ST-36)

## **Tx for Gui and Demons<sup>6</sup>**

Moxa 100 cones 1 ACI into the hairline

Moxa 50 cones on Intermediary (PC-5) and Center of Palm (PC-8) each

## **Wild Fox Demons**

Join the thumb facing toward each other, tie them up quickly, then moxa 27 cones on Intermediary (PC-5). When there is the sound of fox barking, the person is cured.

---

<sup>6</sup> Mei 魅, translated as demons here, they are natural spirits of non-human origin, which often have a charming or sensual quality to it.